



*A voice proclaims: In the wilderness prepare the way of the Lord!
Make straight in the wasteland a highway for our God! ~Isaiah 40:3*



As our parish journeys from Advent to Epiphany, I commit to preparing my heart by...

... asking the Lord to help me with the struggle in my life of _____

... remembering to thank the Lord for _____



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... taking the time to pray for _____

Advent is a time to get ready to celebrate the birth of Jesus. Praying for special things can help you live more like Jesus lived. Write down your answers to these questions to help you think about how you can grow closer to Jesus this Advent.

What is a problem or struggle Jesus can help you with? _____

What are some things you can thank Jesus for? _____

What are some things you can pray for? _____

I am a son/daughter of God. (name) _____

WE WILL PRAY FOR THESE SPECIAL THINGS AT MASS ALL DURING ADVENT.



Heavenly Father,

This Advent help me discern how to set my priorities
to fully live the life that you have planned for me.

Free me from all that burdens me:
past mistakes, fears, destructive habits, hurts, and more.

Open my heart to your joy and perfect peace.

Give me the genuine awareness of your grace in my life
and the humility to extend that grace to others.

Guide me with hope and a renewed spirit
to work on these promises and prepare my heart for your coming.

Amen.

Draw a picture that shows you getting ready to celebrate Jesus' birthday.